

[Note: Questions are sometimes slightly condensed. All responses from Lord Melchizedek are word for word]

**Question 1.** Hello, Lord Melchizedek. [Yes!] I recently read something about being and doing, and this human elder said that we are human doing, because at the core we feel we are not worthy enough, so we need to do things in order to say, “I’m a good person.” So these days, I’m thinking and pondering about thinking and being, spinning the 4<sup>th</sup> Triad, being in the present time. I wake up in the morning and I have things to do. But after I say, “Wait a second; I have another choice.” So I go back to this 5<sup>th</sup> dimensional thing. I go into my Heart and say, “What would we like to do?” I have many problems outside..... but, instead of going what do I need to do, I go back in state of being, and I stay present time, and I follow my Heart. Even if my mind says I need to do something. But when you feel good, like you Love yourself.... Is this state of moving around the right thing to do? Being present, feeling, and going to the Heart. But the results are not coming.

**Melchizedek:** In the calmness, in that state of being, you become a more proficient creator, because you do not have the judgments that you once had. You have Love in your Heart, for yourself as a Being of Light, as a Christed Being. And you are able then, in that calmness, to create what is needed in the present moment. And you are directed not only through your thoughts and your feelings but through the Element of Love that is always present in the center of that Sacred Heart. This is the next step for you. It took a while to get to that place where you had calm, calmness, and you could stay in the present moment, so you were not judging yourself. So now, the next step will be to allow your Heart to guide you into your creation. And that you will soon discover.

**Question 2:** Hello. When I’m focusing on the 8<sup>th</sup>, 9<sup>th</sup>, 10<sup>th</sup>, and 11<sup>th</sup> chakras in the body, in the Unified Field, I’m perceiving them somewhat localized in both the Heart, Sacred Heart, and the Higher Mind. But I’m also perceiving them like different matrices that run throughout the entire Unified Field, each one a different type of sacred geometry, a different set of Colors, a different set of Tones. Could you clarify the most efficient way for us to focus on these chakras and the 4<sup>th</sup> Triad in the Unified Field?

**Melchizedek:** Yes! First of all, let us take your experience. Each of you will have your own individual experience as you begin to work with that 4<sup>th</sup> Triadic energies, because it does impact the Unified Field. It expands it exponentially. And it brings everything into the Field, so that you no longer perceive anything outside of yourself, outside of that energy field, that massive energy field that is being created.

So, yes, your Heart is involved as well all of those centers in the mind, in the pineal, in the 3<sup>rd</sup> Eye. Your interior senses – you have exterior, you have physical senses – but you also have spiritual senses. And these are very, very important. You speak of them as feelings, but they are not from the emotions. They are from those senses of Spirit, the Spirit of who you are.

[5:31] So, when you sense certain parts of your body being engaged and functioning in this Unified Field, having colors, having geometries – as you know, the geometries help you bring into form, into your life experience what is being exemplified within your field. So you can that very clearly. So now the next step for you would be to choose one of those geometries with the colors and experiment with it: what this means to you, how it will help you bring into your life experience very specifically what is in that portion of the Unified Field, ready to be expressed through your body, through that upgraded body, through that higher vibratory level that is now present through that 4<sup>th</sup> Triadic influence.

**Q2, cont'd:** OK! Thank you, that's very explicit and provides a lot to play with here.

**Melchizedek:** Yes. So for others, they may experience just a certain chakra or Color vibration that is needed in that chakra or in that organ. So whatever surfaces for you, as you are working with that Unified Field of experience and the influence of that 4<sup>th</sup> Triadic, then explore it. Just explore it. Don't just say, "Oh, that's nice! I see that. That's a pretty Color." Or "that's a beautiful geometry." What is in that geometry? What is in that Color? What influence is that bringing to my life at this moment?

**Melchizedek:** These are important times, Beloveds. So please converse here. Ask your question. Say what your experience is about this Unified Field, or whatever. So, we can have this discussion and expand your teaching.

**Question 3:** Hello. I'm working with the Sounds that match the Color Codes. When I'm working with my harp and I take, say, the Key of D, in each of the octaves that have the string of D, they will play in resonance, but I also am aware that each octave of that particular note has a different impact. [M: Correct!] And many times, working with the emotional body, the different octave will have a different effect as it's charging up or clearing the emotional body.

**Melchizedek:** Yes, of course! Color and Sound are excellent, and vibrations for clearing.

**Q3, cont'd:** In the Tibetan singing bowl, if you're using a certain tone, putting sand in the singing bowl, you can actually see the geometry or the template that that sound will form into a picture. [M: Yes] So, I'm aware that certain Colors seem to be more prominent in making a certain like a square or a triangle or a 4-sided or a 5-sided. And the intensity of the tone or octave will also make the points on the Star either elongate into more pointy or make the Star expand where its points are around the edges.

**[9:52] Melchizedek:** Yes, the vibration in the tone accomplishes this. So, if you will take that a step further and then apply it to the body, it further upgrades the physical body, not just in the chakras, not just in the..... but it upgrades the vibration within the body and the organs, in the muscles, in the cells, in every part of the body.

And you are very, very aware of this. You are very skilled in this. And we are pleased that you are bringing this up at this time for discussion.

**Q3, cont'd:** The 7-pointed Star, whether you have the open 7-pointed Star, or what they call the fairy star which has the longer points, and any version there in between those two, one being the most open, so you can hardly tell it's 7-pointed, it almost looks like a circle, to the very pointed fairy Star. The ones in between each have a different vibrational tone to them, [M: Correct] kind of like the stone in the water, when the circles ripple out. And if I take the 7-pointed Star and ripple out the multiple layers of the 7-pointed Star, it has a different effect in each of its positions.

**Melchizedek:** Correct, correct. So you see, there are many ways to assist the body in this transformative process, to escalate the process, because many of you are very interested in not only the process but in the escalation of the process. It's not that you're in that much of a rush or hurry to get to the end, but you realize, you understand that to have a 5<sup>th</sup> dimensional that is fully functioning serves you at this present moment, serves the world in the changes that have to be made in the coming times. And they cannot be made from a dense 3<sup>rd</sup> dimensional body.

**Q3, cont'd:** And with that, the pain or energies that are of the distortion, they will have like the ridges on a curly ribbon, and the more pointed they are, the more intense they are, and the more irregular patterning there is, the more distortion there is. [M: Correct] I can feel the energies coming out of my own body or any body that I work on.

**Melchizedek:** Correct. And each individual, each participant in this Collective Consciousness is feeling it now within their body, because those distortions cannot exist in the Presence of the refinement that you are bringing into the body through the various Color Codes, through the Sound Templates, through the vibrations of the Triadic system that is functioning more effectively now.

**Q3, cont'd:** And that is why, when we're working with that 4<sup>th</sup> Triad, we feel the more calm, because those vibrations are coming in and cancelling out more of those distortions that we have been carrying around.

[13:58] **Melchizedek:** Correct, and you also notice that in the presence of that calmness, you just allow it to leave, and you aren't having such difficulties in the mental/emotional body. You're just gently releasing it. And therefore, the body remains calm and receptive to the changes.

**Q3, cont'd:** I know when I'm releasing, I kind of picture it as melting snow or melting ice, and it just goes away. [M: Yes!]

[14:35] **Question 4:** I shared earlier about physical sensations and I've been really opening and receiving the Collective here tonight. And the awareness actually coming through is I feel very connected. We talk about the Lords of Light and all not separate from us; we're in the Unified Field. And I feel that – that's my experience.

The awareness that came through, though, is a repeat pattern that has been happening is that whenever I express, even on these forums, there's a panic that sets into my body, that I have done something so wrong, it's almost like a survival mechanism. And what I'm seeing now is that although I feel the Unity, the unification with the Lords of Light – my vertical channel, I actually don't feel that with the world, with people, with the walking-around collective. So I'm curious, about that. I still feel separate from individuals.

**Melchizedek:** You are not separate from the various individual expressions, because they are part of a collective consciousness, of which you are a part, because you are a human experiencing life in form. However, there is a vast difference in this state of consciousness of your body and of you. So this causes a little distortion. And it is a simple process to clear that distortion of Unity. Even though you do not resonate with the way in which they are creating their life experience, you are still part of a community of humans that is a vast expression of multiples of multiples of states of consciousness and states of body states of consciousness.

So, it's just a matter of seeing the differences of expression on the Earth at this time, not having to fix those expressions. But notice that there is such a wide variety being expressed at this time, that will eventually come into a more unified, harmonious expression. Your only duty here is to open your Heart a little more and allow the process. Take care of you. Take care of your individual expression, so that you are expressing through your body and your massive energy field the Light that can shine and change the iterations that have limitation. Do you see?

**[18:01] Q4, cont'd:** I'm feeling it and that it's safe to do that. And the piece that was blocking is that I don't belong. It always came back to that. I think that's where the wobble came in, that whatever I expressed was somehow wrong. And it created this crazy-making energy, even in the physical mind and so on. So, I'm actually going to play with that. As you were chatting, I could feel all of each being physically present now as a beam of Light. And I can actually relate better that way and to allow – I still feel a bit of a separation of myself, I call it my horizontal channel – but I'm going to now allow that I can be part of that Collective of Light Beings on the planet, like physical. I'm not sure I'm making sense right now; I'm just sharing what's coming through.

**Melchizedek:** Yes, that's exactly correct. You are allowing the various iterations in the various frequencies of Light that are in massive flux and change.

**Q4, cont'd:** And the belief that I actually came up with is that everyone else had the answers but me! So OK, I'm going to play with that..... and invite that energy. I can really feel the intensity in my Heart expanding and I'm very grateful.

**[19:45] Question 5:** Going back a couple of classes, you were talking about time applications for us? I mean, if all time is now, can one dip into the past and create a timeline that allows you to excel at work? I mean is there an application coming there?

**Melchizedek:** If you remain in present time, you affect what you perceive as past, which doesn't really exist. It only exists in increments of dimensional frequencies, to experience life in that particular dimensional frequency. But in the present moment, the alterations that are made alter those dimensional frequencies. They are called time-sequences, because they are experiences of time in certain dimensional frequencies. This is very difficult to get a rational mind around. But time is only relevant according to the dimensional sequence that you are experimenting with within the physical realm.

**Q5, cont'd:** Are there applications for working with time coming from the time locks?

**Melchizedek:** At some juncture, we will address that. But at this present moment, it will not be productive, because the rational mind is still too engaged to see it from a broader perspective.

**[21:44] Question 6:** Can you make a comment about the 9<sup>th</sup> Ray? I read some information about taking a healthy cell and using the 9<sup>th</sup> Ray to vibrate that cell. Is that valuable?

**Melchizedek:** You see, Dear One, this is a perfect example of staying in the present moment and focusing on what is in that moment, in the Collective Consciousness of this gathering, so that more is gained in that focus of attention to the very specifics of that moment within the Collective Consciousness. We are very, very pleased with your willingness to participate in this format of teaching. Much will be gained through the individuals expressing themselves as those individuals that have mastery and within the Collective itself. The Collective Consciousness holds a vibration that is unified and very, very stable, Beloveds, that you will draw from, as you experiment at that individual level, creating a life experience, creating that 5<sup>th</sup> dimensional body.

**Melchizedek:** So, before we close this session, let us all gather Heart to Heart, in the Love that is present within this Collective Consciousness..... breathing in that Love to each individual expression, into the Collective Consciousness.....

And now, spin that 4<sup>th</sup> Triad... spinning it and spinning it..... Notice how it immediately draws into the first three Triads that were already spinning..... And it becomes part of your Unified Field, massive Unified Field of Collective Consciousness.....

The Light that is present is multi-colored and very luminous.....

There are tones and vibrations and frequencies that take you into a state of being of your Christed Essence..... You are the Christed OverSoul, present in form.....

The luminosity is extensive.....

The stableness of the Collective Consciousness of this energy is to be used and drawn from as you experience life in a body. Create daily, noticing what is in that Unified Field, ready to be expressed. Take note, Beloveds, of what you feel, what you see with your senses within this Unified Field. And bring it forth and create in the coming days. And experience the fullness of your Christed nature.....

We will close our session this evening, Beloveds.....

Blessings!